

Thoroughbred horses in training

Please note:

- *Light work* refers to 30-60 minutes daily walking, trotting, some cantering
- *Moderate work* refers to 60-120 minutes walking, trotting, canter, some galloping
- *Intense work* refers to 30-60 minutes sustained trotting, cantering, galloping or short, intense stressful exercise (i.e. full work)

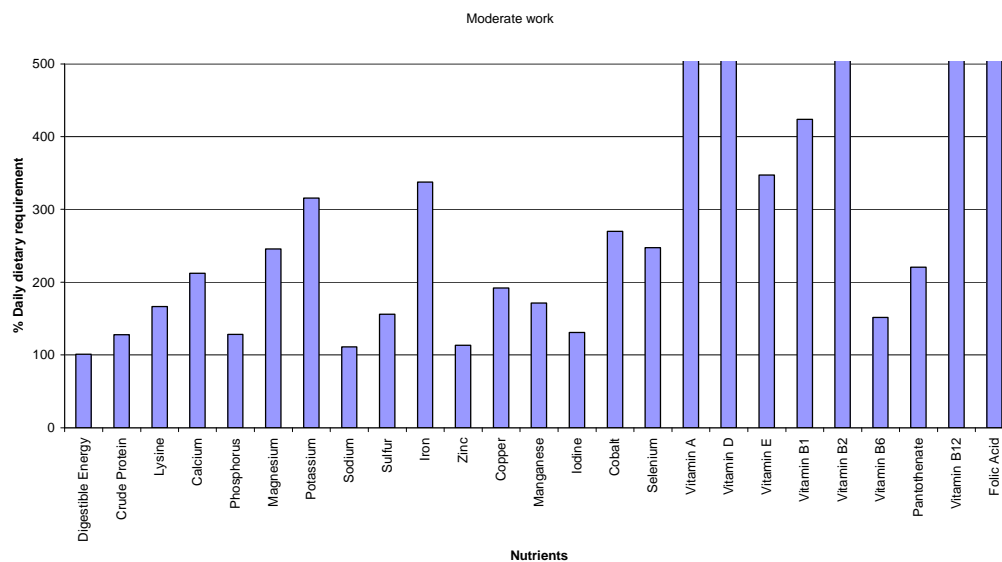
Please use the weights shown as a guide only and apply them to the particular workload of each horse. The weights are based on a 500kg Thoroughbred and may also need to be altered if the horse is lighter or heavier in weight.

Weights are shown on a PER DAY basis

Ingredient	Light work	Moderate work	Intense work
Lucerne chaff	500g	500g	500g
Oaten chaff	1.5kg	500g	500g
Oats	2.3kg	3.8kg	6kg
Corn	500g	1kg	1.5kg
Power Formula	300g	450g	600g
Racing Oil	150ml	200ml	200ml
Salt	50g	60g	60g
Aminovite Plus	30g	30g	30g
Salkavite	30g	30g	60g
Muscle E	30g	30g	30g
Lucerne hay	<i>Ad lib</i>	<i>Ad lib</i>	<i>Ad lib</i>

Pasture has not been included in the analysis. Please just use these weights as a guide and combine them with your experience in feeding horses.

The rations on the previous page meet the recommended levels of all nutrients analysed as shown in the graph below. The 100% line represents the recommended level of each of the nutrients. This is the ration for “moderate work”, similar graphs would be produced for “light” and “heavy” work.



- **Power Formula** is a complete supplement containing protein meal with a unique balance of amino acids, and essential vitamins and minerals including calcium, phosphorus, magnesium, zinc and Vitamins A and E. Power Formula provides the building blocks to lay down bone and muscle and helps hold muscle condition on mature horses and keeps older horses looking young. Its use allows you to vary the grain ration of the diet depending on the energy requirements of the horse, while maintaining the required protein intake.
- **Aminovite Plus** is a premium grade multi-vitamin feed supplement with added organic trace minerals. It contains 10 vitamins including B Group vitamins enriched with copper, selenium, zinc and also contains yeast which has a beneficial effect in assisting and maintaining digestive balance and function. Aminovite is useful also as a coat conditioner.
- **Salkavite** contains all essential vitamins associated with the B Group and also provides all essential electrolytes that a horse in work loses including sodium, potassium, calcium, magnesium, chloride, phosphate and sulphate.
- **Racing Oil** supplies a palatable supplementary source of energy with Linolenic (Omega 3) and Linoleic (Omega 6) fatty acids in appropriate balance, and is indicated where dietary levels may be low.
- Vitamin E has an antioxidant function and supplementation has been shown to improve track performance in racehorses. It is recognized as a compound which dilates capillaries and preserves capillary walls. It is also known to increase cardiac efficiency significantly, and reduce lactic acid production. **Muscle-E** has been formulated to help protect performance horses from muscle damage which can lead to soreness, stiffness, fatigue and in severe cases “tying-up”.

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